

Belgrade School District

Illness Guide

Date: _____

Time: _____

Student's Name: _____

___ COVID-19 Major Symptoms/Suspect Case. Student has at least **ONE** of the following symptoms: Cough (new, unexplained or severe), shortness of breath, loss of taste or smell, difficulty breathing.

Requirements to return to school:

- 1) Test negative for COVID-19, fever free for 24 hours and symptom improvement **OR**
- 2) Test positive for COVID-19 and met CDC/GCCHD requirements for ending isolation, **OR**
- 3) 10 days have passed from onset of symptoms, fever free for at least 24 hours and improvement of symptoms

___ COVID-19 Minor Symptoms/Suspect Case. Student has at least **TWO** of the following: temperature $\geq 100.4^{\circ}\text{F}$, chills, body aches, sore throat, headache, runny nose/congestion, nausea, vomiting, diarrhea, or fatigue.

Requirements to return to school: Same as above.

___ Fever. Your child has a fever $\geq 100.4^{\circ}\text{F}$ using a digital temporal thermometer. You must keep your child at home for 24 hours after their temperature returns to normal without the use of fever reducing medications.

Child's temp _____ **@** _____

___ Vomiting. Child must be kept at home for at least 24 hours after the last episode. However, if your child is diagnosed with norovirus, they must be kept home at least 48 hours after last episode.

___ Diarrhea. Child must be kept at home for at least 24 hours after last episode. However, if your child is diagnosed with norovirus, they must be kept home at least 48 hours after last episode.

___ Unexplained rash. Student needs to stay home until the rash is gone or return with a note from their medical provider stating that the rash is not contagious or start on prescribed medications for rash and return after on those medications for 24 hours.

___ Conjunctivitis (pink eye). Redness, itchiness, and discharge from one or both eyes. To return to school, student will need to be on medication for 24 hours or symptom free.

Please keep your child's school informed regarding your provider's and/or the Health Department's recommendations or requirements.

The Gallatin City County Health Department has a COVID-19 Call Center available to answer questions at (406) 548-0123.

Bozeman Health COVID-19 Hotline: (406) 414-2619