

**Belgrade Parents
Comprehensive School and Community Treatment (CSCT)
Gallatin Mental Health Center (GMHC) and your school district**

CSCT services are services delivered by a licensed mental health center in partnership with a public school, specifically for students who are struggling with social, emotional, and/or behavioral challenges. The team consists of one master’s level therapist and one bachelor’s level behavior specialist who work with an average caseload of 10-15 students in the school.

What are the benefits of having CSCT staff work with your child?

The therapist and behavior specialist individualize a treatment program that meets the specific needs of your child. The CSCT staff work in partnership with you, your child, and others you request to comprise the treatment team in order to address the complex issues that may affect your child.

What does that mean for you as a parent/guardian if your child is enrolled?

GMHC and your school district have partnered to provide this service. Because treatment occurs in the school, your child has the opportunity to receive intensive outpatient therapy with minimal interruption of the school experience.

The CSCT therapist is able to address social and emotional issues with your child on a frequent basis through various individual, family, and group activities. Since the caseload for the CSCT staff is small, the therapist has more time to help your child succeed. The therapist also assists students to utilize new behavior skills in order to manage themselves more effectively in the school setting.

The behavior specialist will work with your child to identify behaviors that keep him or her from being successful in school. This person will also help your child to learn positive ways to interact with others. The specialist can offer support during unstructured times, like lunch and recess, to assist your child in using appropriate behavior through redirecting, role modeling, or teaching positive coping skills.

What do CSCT teams need from parents?

CSCT staff needs involvement and participation from parents/guardians. Since you know your child better than anyone, you are an integral member of the team. Additionally, parents have influence regarding their child’s treatment and how the team can ensure success with the family.

In order to determine if your child is eligible for services, please contact the therapist in your school or call the CSCT supervisor at the number listed below

Saddle Peak Elementary Melissa Mitchell, LCPC, 924-2750 Jill Schneider, Behavior Specialist	Heck/Quaw Elementary Melaney Swenson, LCSW 924-2147 Elizabeth Stewart, Behavior Specialist	BMS 5th/6th grade Shelli Griffith, LCSW, 924-2210 Jennifer Pearson, Behavior Specialist
BMS 7th/8th grade Teema Boies, LCPC, 924-2252 Ai Blakeslee, Behavior Specialist	Belgrade High school Jasmine VanAntwerp, LCPC, 924-2557 Dawn Long, Behavior Specialist	

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