

Elementary Schools Lunch Menu

April 2019



Monday	Tuesday	Wednesday	Thursday	Friday
1 Choice of: Chicken & Noodles or Meat & Cheese Wrap Included: Vegetable, Bread, Fruit Milk	2 Choice of: Burger or Fruit Salad Included: Potatoes, Vegetable, Fruit, Milk	3 Choice of: Turkey Gravy w/ Mashed Potatoes or PBJ Sand. Included: Vegetable, Roll Fruit, Milk	4 Choice of: Pizza or Chef Salad Included: vegetable, Fruit, Milk	5 Cook's Choice (No second entrée) Included: Vegetable, Fruit, Milk
8 Choice of: Soup & Sandwich or Meat & Cheese Wrap Included: Vegetable, Fruit, Milk	9 Choice of: Chicken Drumstick or Fruit Salad Included: Potatoes, Vegetable, Fruit, Milk	10 Choice of: Super Nachos or PBJ Sandwich Included: Vegetable, Fruit, Milk	11 Choice of: Hot Dog w/ Bun or Chef Salad Included: Potatoes, Vegetable, Fruit, Milk	12 Choice of: Chicken Parmesan or Variety Sandwich Included: Vegetable, Fruit, Milk
15 Choice of: Beef Ole' or Meat & Cheese Wrap Included: Vegetable, Fruit, Milk	16 Choice of: Chicken Nuggets or Fruit Salad Included: Vegetable, Rice, Fruit Milk	17 Choice of: Quesadilla or PB& J Sandwich Included: Vegetable, Fruit, Milk	18 Choice of: Burger or Chef Salad Included: Potatoes, Vegetable, Fruit, Milk	19 Choice of: Pasta w/ Meat Sauce or Variety Sandwich Included: Vegetable, Fruit, Milk
22 PIR Day No School	23 Choice of: Pizza or Fruit Salad Included: Vegetable, Fruit, Milk	24 Choice of: Fiesta Bowl or PBJ Sandwich Included: Vegetable, Fruit, Milk	25 Choice of: Meatballs w/ Mashed Potatoes or Chef Salad Included: Vegetable, Fruit, Milk	26 Choice of: BBQ Pork or Variety Sandwich Included: Potatoes, Vegetable, Fruit, Milk
29 Choice of: Chicken Alfredo or Meat & Cheese Wrap Included: Vegetable, Bread, Fruit, Milk	30 Choice of: Chicken Tenders or Fruit Salad Included: Vegetable, Rice, Fruit, Milk	Lunch Prices K-4 \$2.50 5-8 \$2.75 9-12 \$3.00 Adult \$4.00 Reduced \$.40 Milk \$.50	Free & Reduced Applications are available @ each school and on the website www.bsd44.org	Menus are subject to change. If you plan to have lunch with your child please contact the kitchen by 9:30 AM

Beef is this month's Harvest of the Month. Did you know...

- Montana is home to more cattle than people and ranks 6th in the nation for the number of beef cattle.
- Cattle are ruminants, meaning their stomachs have four chambers. Typically cattle are raised in pastures until they are at least one year old. Then they are sold and transported for "finishing," which means they are usually fed a grain-based diet to increase weight and fat marbling. Some cattle are raised entirely on pasture or are "finished" on grass and are called grass-fed or grass-finished.

To learn more about Montana Harvest of the Month visit:
www.montana.edu/mtharvestofthemonth

