

Monday

Tuesday

Wednesday

Thursday

Friday

1

Cold Cereal
 Variety Grain
 Fruit & Milk

2

Pancake on a Stick
 Fruit & Milk

3

Hot Cereal
 Variety Grain
 Fruit & Milk

4

Waffles or French Toast
 Fruit & Milk

5

Cook's choice
 Variety Grain
 Fruit & Milk

8

Cold Cereal
 Variety Grain
 Fruit & Milk

9

Scrambled Eggs
 Variety Grain
 Fruit & Milk

10

Hot Cereal
 Variety Grain
 Fruit & Milk

11

Pancakes
 Sausage or Ham
 Fruit & Milk

12

Cold Cereal
 Variety Grain
 Fruit & Milk

15

Whole Grain Muffin
 Cheese Stick
 Fruit & Milk
BIC LAUNCH DAY

16

Pancakes
 Fruit & Milk

17

NutriGrain Bar
 Cheese Stick
 Fruit & Milk

18

Early Riser Fritter
 (potato,egg,cheese & bacon)
 Fruit & Milk

19

Yogurt
 Granola Bar
 Fruit & Milk

22

PIR Day
No School

23

Whole Grain Muffin
 Cheese Stick
 Fruit & Milk

24

NutriGrain Bar
 Cheese Stick
 Fruit & Milk

25

Pancake on a Stick
 Fruit & Milk

26

Yogurt
 Granola Bar
 Fruit & Milk

29

Whole Grain Muffin
 Cheese Stick
 Fruit & Milk

30

Waffles
 Sausage
 Fruit & Milk

Menus are subject to change. If you plan to have lunch with your child, please contact the kitchen before 9:30 AM
Free and Reduced Meal Applications are available @ each school and on the website – www.bsd44.org