

Ridge View Breakfast After the Bell FAQ's

What is Breakfast After the Bell? Breakfast After the Bell takes the traditional school breakfast approach and improves it by moving it into the classroom. Breakfast is available to every child, regardless of a family's income level, making it possible for all children to participate. Breakfast After the Bell is proven to dramatically increase participation in the School Breakfast Program.

When is this happening? Food Services will be serving Breakfast After the Bell at Ridge View Elementary, after the bell, beginning Monday, April 15, 2019.

Why is the District doing this? Research says that breakfast boosts academic performance, increases concentration, and improves classroom behavior. The Belgrade School District started Breakfast After the Bell at Saddle Peak Elementary four years ago, and it has been very successful. All you have to do is search the internet for "breakfast in the classroom" for tons of information.

Why is breakfast being offered in the classroom instead of the cafeteria? Instead of asking students to come early for something to eat, or asking them to choose food over playtime, breakfast in the classroom gives all students the opportunity for a healthy start to the school day.

How is the program funded? The District was awarded a start-up grant from No Kids Hungry to implement the breakfast program at Ridge View this year. The grant has paid for equipment needed to deliver meals to the classrooms, as well as supplies such as extra trash cans for the classroom. Labor costs for the start-up period have also been covered by the grant.

Do we have to sign up? No, you don't have to enroll or fill out any paperwork. Students that wish to have breakfast in the classroom will sign up each day for the following day's breakfast. Breakfasts are delivered to each classroom just before the bell.

Can my student bring breakfast from home? Students are welcome to bring breakfast from home. They can even purchase just a milk to go along with their breakfast from home.

How much does it cost? Breakfast After the Bell will be available to all students at no cost for the first three days of the program – Monday through Wednesday, April 15, 16 and 17, 2019. After those first three days the full price of breakfast is \$1.75, and the reduced price is \$0.30. An extra milk is \$0.50.

What if my student didn't order breakfast the day before? Cindy Trammell, Head Cook at Ridge View, will have a few extra breakfasts available every day, in case a student missed out on ordering breakfast the day before.

What if my student is tardy? Breakfast will still be available.

What kinds of things will be served? Breakfasts can include breakfast sliders, pancake on a stick, fruit, whole-grain muffins, yogurt, or cheese sticks. Milk is always provided. Except for fresh fruit, all items are served as individually wrapped single portions. A full 2 servings of fruit are included in each breakfast, usually in the form of a whole apple, or a whole banana, or a fruit cup.

Who do I contact if I have more questions? Please contact the Food Service Director, Dana Brandt, at 406-924-2516, or dbrandt@bsd44.org.