

# SEPTEMBER 2019

## Ridge View Breakfast in the Classroom

Breakfast Prices  
 K-8 \$1.75 9-12 \$2.00  
 Reduced \$.30 Adult \$2.25  
 MILK & EGGS

Monday	Tuesday	Wednesday	Thursday	Friday
<b>LABOR DAY (No School)</b> 2	<b>Whole Grain Muffin</b> Cheese Stick Fruit & Milk 3	<b>NutriGrain Bar</b> Cheese Stick Fruit & Milk 4	<b>Pancake on a Stick</b>  Fruit & Milk 5	<b>Yogurt</b> Granola Bar Fruit & Milk 6
<b>Whole Grain Muffin</b> Cheese Stick Fruit & Milk 9	<b>Pancakes</b>  Fruit & Milk 10	<b>NutriGrain Bar</b> Cheese Stick Fruit & Milk 11	<b>Potato Fritter</b> Fruit & Milk 12	<b>Yogurt Parfait</b> Whole Grain Crackers Fruit & Milk 13
<b>Whole Grain Muffin</b> Cheese Stick Fruit & Milk 16	<b>Breakfast Slider</b>  Fruit & Milk 17	<b>NutriGrain Bar</b> Cheese Stick Fruit & Milk 18	<b>French Toast</b>  Fruit & Milk 19	<b>Yogurt</b> Granola Bar Fruit & Milk 20
<b>PIR Day (No School)</b> 23	<b>Whole Grain Muffin</b> Cheese Stick Fruit & Milk 24	<b>NutriGrain Bar</b> Cheese Stick Fruit & Milk 25	<b>Waffles</b>  Fruit & Milk 26	<b>Yogurt &amp; Fruit Smoothie</b> Whole Grain Crackers Fruit & Milk 27
<b>Whole Grain Muffin</b> Cheese Stick Fruit & Milk 30				

Menus are subject to change. If you plan to have lunch with your child, please contact the kitchen before 9:30 AM.  
 Free & Reduced Applications are available @ each school and on the website – [www.bsd44.org](http://www.bsd44.org)